

AGE STUDY

If you are 60 or older and experiencing mild to moderate physical challenges, you may be eligible to participate in the Aged Garlic Extract (AGE) study.

The Effect of Aged Garlic Extract Supplementation in Older Adults

The study is testing effects of [investigational](#) aged garlic extract (AGE) on cognitive and physical performance by lowering levels of chronic inflammation.

The AGE supplement is considered GRAS (Generally Recognized As Safe) by the US Food and Drug Administration.

Participants will receive:

- Compensation up to \$190
- Free available and reserved parking
- Medical screening, blood tests, and performance tests.



Location

- Six in-person visits at the University of Florida campus in Gainesville, FL.

Are you eligible?

- Age 60 or older
- Sedentary lifestyle (<120 minutes of moderate exercise a week).
- Willingness to be randomized to either supplement or placebo study group.
- You have no diagnosis of dementia or Parkinson's disease.

If you're are interested in hearing more, call a member of our study team at 352.273.5919 or toll-free at 866.386.7730

IF ELIGIBLE, YOU COULD RECEIVE MONETARY COMPENSATION FOR EACH COMPLETED STUDY VISIT.